

	100 lengths 2006	101 lengths 2007	102 lengths 2008	103 lengths 2009	104 lengths 2010	105 lengths 2011	106 lengths 2012	107 lengths 2013	108 lengths 2014	109 lengths 2015	110 lengths 2016
<b>Giles Meyer</b>	02:25:00			02:26:16							
<b>Mat Record</b>	02:58:00										
<b>John Bowron</b>	03:04:00		03:27:12								
<b>Simon Murie</b>	03:04:00										
<b>Mike Field</b>	03:05:00										
<b>Harry Barker</b>	03:19:00										
<b>Andrew Ingamells</b>	03:35:00									04:08:44	
<b>Sally Goble</b>	03:38:00										
<b>Chrissi Thirlwell</b>	90 lengths										
<b>Simon Gardiner</b>	80 lengths										
<b>Lucy Petrie</b>	64 lengths			02:50:00							
<b>Gregg Walker</b>	30 lengths										
<b>Jason Shaw</b>		02:37:00									
<b>Stuart Palmer</b>		51 lengths	02:55:21								
<b>Katie Hope</b>		02:57:00			03:04:16						
<b>Chris Morriss</b>		58 lengths									
<b>Eva Andreotti</b>		03:14:00									
<b>Brad Andersen</b>			02:36:50								
<b>Nicolas Colete-Hopkins</b>			02:55:40								
<b>Andy Graham</b>			40 lengths	03:11:40							
<b>Ben Pennington</b>				02:16:40							
<b>Matthew Sanders</b>				02:33:44	02:42:50						
<b>Lucy Roper</b>				02:47:00							03:06:20
<b>Simon Hancock</b>				04:20:10							
<b>Wendy Lampa</b>				04:27:43							
<b>Thomas Van Emery</b>				83 lengths		03:29:00			1 hour		
<b>Peter King</b>				43 lengths							
<b>Stephanie Voss</b>					02:53:00	02:52:00					
<b>Alex Harper</b>					03:03:11						
<b>Alan Strickland</b>					03:07:38	02:55:00					
<b>Julian Crabtree</b>					03:09:50						
<b>Harry Ingamells</b>						02:45:00					
<b>Rahul Batra</b>						03:02:00					
<b>Andrew George</b>						03:08:00					

**Stuart Winstanley**  
**Richard Tricker**  
**Dan Abel**  
**Sue Croft**  
**Nevin Carmichael**  
**James Penrose**  
**Joanna Brookes**  
**Vicky Miller**  
**Chris Jordinson**  
**Mark Biver**  
**Simon McPherson**  
**Kath O'Brien**  
**Pip Barry**  
**Kerry O'Hara**  
**Tom Keen**  
**Rohan Byles**  
**Philip Brice**  
**Jess Trevellick**  
**Ben Landsberry**  
**Hugh Griffin**  
**Brian Foley**

	03:47:00										
		54 lengths	03:51:55	04:05:00							
		02:18:49									
		03:51:00		03:51:00							
			02:48:25								
			03:19:09								
	(approx 4:35:38)	101 lengths									
				02:36:00							
				02:39:00							
				03:18:00							
				03:23:00							
				03:46:00							
				03:47:00							
								02:56:05			
								03:09:30			
								03:13:41			
								03:41:10	03:30:39		
									02:55:17		
									03:57:41		
									90 lengths		
									72 lengths		

100 lengths	101 lengths	102 lengths	103 lengths	104 lengths	105 lengths	106 lengths	107 lengths	108 lengths	109 lengths	110 lengths
2006	2007	2008	2009	2010	2011	2012	2013	2014	2015	2016

<b>100 lengths time</b>		2 lengths ave	10 lengths av
02:10:58	Dan Abel	00:02:37	00:13:06
02:12:41	Ben Pennington	00:02:39	00:13:16
02:22:00	Giles Meyer	00:02:50	00:14:12
02:24:27	Vicky Miller	F 00:02:53	00:14:27
<b>02:25:00</b>	Giles Meyer	00:02:54	00:14:30
02:27:13	Chris Jordinson	00:02:57	00:14:43
02:29:15	Matthew Sanders	00:02:59	00:14:56
<b>02:34:15</b>	Brad Andersen	00:03:05	00:15:25
02:35:27	Jason Shaw	00:03:07	00:15:33
02:36:34	Matthew Sanders	00:03:08	00:15:39
02:37:09	Harry Ingamells	00:03:09	00:15:43
02:37:24	Nevin Carmichael	00:03:09	00:15:44
02:39:21	Jess Trevellick	F 00:03:11	00:15:56
02:41:33	Kerry O'Hara	F 00:03:14	00:16:09
02:42:08	Lucy Roper	F 00:03:15	00:16:13
02:43:49	Stephanie Voss	F 00:03:17	00:16:23
02:45:03	Lucy Petrie	F 00:03:18	00:16:30
02:46:40	Alan Strickland	00:03:20	00:16:40
02:46:21	Stephanie Voss	F 00:03:20	00:16:38
02:49:24	Lucy Roper	F 00:03:23	00:16:56
<b>02:52:29</b>	Nicolas Colete-Hopkins	00:03:27	00:17:15
<b>02:52:33</b>	Stuart Palmer	00:03:27	00:17:15
02:53:20	Rahul Batra	00:03:28	00:17:20
02:53:51	Tom Keen	00:03:29	00:17:23
02:55:15	Katie Hope	F 00:03:30	00:17:31
02:56:08	Alex Harper	00:03:31	00:17:37
02:57:11	Katie Hope	F 00:03:33	00:17:43
02:57:41	Rohan Byles	00:03:33	00:17:46
<b>02:58:00</b>	Mat Record	00:03:34	00:17:48
02:59:03	Andrew George	00:03:35	00:17:54
03:00:25	Alan Strickland	00:03:37	00:18:03
03:02:32	Julian Crabtree	00:03:39	00:18:15
03:03:20	Mark Biver	00:03:40	00:18:20
<b>03:04:00</b>	John Bowron	00:03:41	00:18:24
<b>03:04:00</b>	Simon Murie	00:03:41	00:18:24

<b>03:05:00</b>	Mike Field		00:03:42	00:18:30
03:06:05	Andy Graham		00:03:43	00:18:37
03:06:07	James Penrose		00:03:43	00:18:37
03:07:58	Simon McPherson		00:03:46	00:18:48
03:11:30	Philip Brice		00:03:50	00:19:09
03:12:05	Eva Andreotti	F	00:03:50	00:19:12
<b>03:19:00</b>	Harry Barker		00:03:59	00:19:54
03:19:03	Thomas Van Emery		00:03:59	00:19:54
<hr/>				
03:22:54	Philip Brice		00:04:03	00:20:17
03:29:16	Kath O'Brien	F	00:04:11	00:20:56
03:30:11	Pip Barry		00:04:12	00:21:01
03:33:53	Sue Croft	F	00:04:17	00:21:23
<b>03:35:00</b>	Andrew Ingamells		00:04:18	00:21:30
03:36:05	Ben Landsberry		00:04:19	00:21:36
03:36:11	Stuart Winstanley		00:04:19	00:21:37
03:36:45	Richard Tricker		00:04:20	00:21:40
<b>03:37:55</b>	Sue Croft	F	00:04:22	00:21:48
<b>03:38:00</b>	Sally Goble	F	00:04:22	00:21:48
03:46:51	Richard Tricker		00:04:32	00:22:41
03:48:12	Andrew Ingamells		00:04:34	00:22:49
<hr/>				
04:12:35	Simon Hancock		00:05:03	00:25:16
04:19:55	Wendy Lampa	F	00:05:12	00:26:00
<b>04:32:54</b>	Jo Brookes	F	00:05:27	00:27:17

Key:

**Bold = actual**

otherwise adjusted by ratio

**3 hrs 20 = 200 minutes**

or 2 mins per length average

**2 hrs 30 = 150 minutes**

or 3 mins per double length average

**4 hrs 10 = 250 minutes**

or 5 mins per double length average