

SLSC Cold Water Swimming Championships 2019 Results

Event 4 Girls 10-14		30m Breaststroke		
Name	Age	Team		Time
1 Yrjo-Koskinen, Katrina	14	International Swimming Assoc		37.97

Event 4 Women 15-19		30m Breaststroke		
Name	Age	Team		Time
1 Anderson, Daisy	18	Nemes Nutters		26.49
2 Chisholm, Zahra	17	Thames Turbo Triathlon Club		28.04
3 Rogers, India	18	Salisbury Stingrays		29.95

Event 4 Women 20-29		30m Breaststroke		
Name	Age	Team		Time
1 Yrjo-Koskinen, Elisa	25	International Swimming Assoc		27.94
2 Marsh, Shona	29			27.97
3 Serrailier, Emily	28			28.31
4 Lubac, Eloise	24	South London SC		31.07
5 Ball, Sarah	28	South London SC		32.66
6 Miller, Penny	29			33.40
7 Watson-Hill, Danielle	22	Fabulous Leeds Open Water		34.24
8 Litchfield, Hannah	29			38.16
9 Taylor, Ellen	24			39.17

Event 4 Women 30-39		30m Breaststroke		
Name	Age	Team		Time
1 Dean, Lauren	39	South West Seals		28.47
2 Read, Amanda	37	South London SC		30.05
3 Dodge, Sally	37	South West Seals		30.71
4 Sharp, Tasmin	30			30.97
5 White, Lorna	35	G29 Eastbourne Wild Swimmers		31.61
6 Russell, Ellie	35	South London SC		32.77
7 Perdue, Meredith	33			33.33
8 Wiggins, Fiona	38	South London SC		33.97
9 Blamey, Helen	30	South London SC		34.47
10 Phillips, Louise	36			34.83
11 Curran, Kat	36			35.00
12 Eastabrook, Charlie	34	South London SC		38.16
13 Middleton, Kimberly	33	iSwim Brighton		38.56

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14	Lang, Fi	38	Henleaze SC	38.63
15	Curran, Katherine	37	South London SC	40.33
16	Bent, Diane	37	South West Seals	47.56
17	Best, Rebecca	30	South London SC	49.27
18	Duggan, Liz	36	Dublin SC	58.68
19	Foote, Ella	36		59.15
20	Nias, Angie	34		1:06.92
---	Craig, Emma	30	South London SC	NS
---	Moroz, Magdalena	39	SA Upskie Wopr	NS

Event 4 Women 40-49 30m Breaststroke

	Name	Age	Team	Time
1	Massey, Heather	40	Portsmouth Northsea SC	29.31
2	Syfret, Aletta	46		29.41
3	Johnson, Elizabeth	41	South London SC	30.94
4	Davis, Candice	47	Hove Mermamas	31.65
5	Hickey, Sarah	42	Isle of Man	31.69
6	O'Brien, Lisa	43		32.25
7	Davis, Jenny	42		32.26
8	Scott, Claire	42		32.46
9	Adey, Delia	49	Henleaze SC	32.74
10	Gray, Bronwen	48	South London SC	32.81
11	Branston, Naomi	48	South London SC	33.89
12	Thelwall, Sarah	48	South London SC	35.09
13	Hindocha, Anna	40	South London SC	35.17
14	Walker, Michelle	48	South West Seals	35.64
15	Bradly, Julie	41	South West Seals	37.25
16	Choat, Isabel	48	South London SC	37.40
17	Sylvaine, Somja	44	Rctn Theux	37.44
18	Upshall Davies, Kate	43	Blyth and Distroct All Seasons	38.29
19	Thomas, Lucy	42	South London SC	38.92
20	Gartland, Alice	41	South London SC	39.36
21	Elam, Suzanne	46		40.16
22	Watson, Lorraine	47	Fabulous Leeds Open Water	40.22

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23	Carrington, Nikki	45		41.02
24	O'Byrne, Samantha	44	+5 seconds False Start	41.74
25	Hume, Ina	47	Henleaze SC	42.93
26	Barrand, Penny	46		43.76
27	Cartwright, Gudrun	47	Hampshire Open Water Swimmers	44.19
28	Todd, Kate	46		45.83
29	Nightingill-Rane, Claudine	42	iSwim Brighton	46.40
30	Sendall, Jane	48	Cullercoats Open Water Swim	47.27
31	Simon, Charlotte	46	South London SC	47.51
32	Luke, Lucy	43	South West Seals	47.52
---	Monahan, Jaimie	40	Cibbows	NS
---	Wallis, Cat	49	South London SC	NS
---	Dixon, Emma	48		NS
---	Risman, Jackie	49		NS
---	Palmer, Jude	44		NS
---	Aitken, Lisa	46	South West Seals	NS

Event 4 Women 50-59

30m Breaststroke

	Name	Age	Team	Time
1	Robson, Isobel	54	North Norfolk Crawlers	28.05
2	Steels, Kate	50	Eastleigh	28.89
3	West, Frances	58	Macclesfield Masters	30.29
4	Duehrkoop, Bettina	50	South West Seals	30.47
5	Smith, Lucy	50	South London SC	30.64
6	Ashman, Iris	55	Sea Palling Seals	32.51
7	Bloore, Jane	53	Elmbridge Phoenix	32.78
8	Tuffrey, Irene	56		33.57
9	Worling, Mandy	53	South London SC	34.38
10	Graham, Jo	50	Beyond the Blue	34.95
11	Rankin, Sarah	57	Sea Palling Seals	34.97
12	Yrjo-Koskinen, Marila	57	International Swimming Assoc	35.55
13	Beaver, Rosemary	55	South London SC	35.91
14	Podmore, Zoe	50	South London SC	35.96
15	Hannah, Helen	52	Hampshire Open Water Swimmers	36.42

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16	Wright, Deborah	57	South London SC	36.48
17	Peto, Erika	51	Henleaze SC	36.60
18	Taylor, Georgina	52		36.65
19	Beaver, Ruth	52	South London SC	37.00
20	Marchant, Emma	54		37.72
21	Broke, Natasha	55	South London SC	37.86
22	Milbourn, Tracey	56	Nowka	37.87
23	Wynne, Anne	53	South West Seals	38.40
24	Broughton, Andrea	55	South London SC	39.05
25	Symington, Frances	53		39.60
26	McGillivray, Ann	57	South London SC	39.80
27	Luscombe, Helen	55	South West Seals	41.03
28	Sides, Shirley	58	South London SC	41.08
29	Twine, Eva	59		42.24
30	Fiddaman, Carol	55		43.18
31	Taylor, Rosie	57		43.33
32	Tallon, Collette	50	Guinness Swim Team	43.36
33	Smith, Jacqui	57	South London SC	43.41
34	Barnes, Sara	57		43.86
35	Stapleton, Marian	53	Fabulous Leeds Open Water	44.25
36	Ann, Bodimeade	56	Dover Channel Training	44.36
37	Chaudoir, Sarah	56	South London SC	44.59
38	Jennings, Barbara	59	South London SC	45.96
39	Adams, Ruth	50	South London SC	46.02
40	Nightingale, Sharon	58		49.71
41	Robinson, Margaret	58		54.41
42	Homan, Rowena	57		57.60
43	Osborne, Naomi	55	Nemes Nutters	1:06.86
---	Lowe, Catharine	52	FART	NS

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Event 4 Women 60-69		30m Breaststroke		
Name	Age	Team		Time
1 Neal, Lucy	63	South London SC		30.83
2 Budynkiewicz, Ali	61	East Dorset Open Water SC		32.55
3 Howell, Sharon	64	Devon & Cornwall Wild Swimming		32.95
4 Richardson, Ann	66	Swim Bournemouth		33.17
5 Wright, Caroline	64			35.25
6 Suszynska, Anna	67	Morsy Gdynia		36.99
7 Halnan, Penelope	62			37.81
8 Cembrowicz, Helena	62	Pink Pelicans		38.05
9 Cook, Louise	61	South London SC		39.75
10 Legg, Patricia	64	Nemes Nutters		41.65
11 Crolla, Caroline	60	FART		44.80
12 Fahy, Bernadette	61	Tinside Crew Plymouth		46.50
13 Doyle, Jan	68	South West Seals		46.70
14 Smallwood, Karen	62	South West Seals	+5 seconds False Start	46.85
15 Potter, Tina	63	Sea Palling Seals		50.29
16 Mahoney, Christine	65	Dublin SC		50.34
17 Coogan, Lilliane	68			50.44
18 Ward, Bernadette	60	South London SC		52.07
--- Palmer, Trudy	60			NS
--- Lee, Marian	64	Guinness Swim Team		NS

Event 4 Women 70-79		30m Breaststroke		
Name	Age	Team		Time
1 Brimelow, Anne	72	South London SC		37.47
2 Anderson, Margot	72	Nemes Nutters		38.95
3 Kelly, Marie	71			39.70
4 Bessell, Pamela	75	Nemes Nutters		41.85
5 Taylor, Annie	73			43.60
6 Harrod, Sue	72	Registered Blind		49.82

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Event 4 Men 15-19		30m Breaststroke		
Name	Age	Team		Time
1 Luckhurst, William	18	Serpentine SC		26.38
2 Moroz, Kacper	17	SA Upskie Wopr		28.45
3 Tynan, Carlie	16			32.60
Event 4 Men 20-29		30m Breaststroke		
Name	Age	Team		Time
1 Bouyer, Aymeric	23	South London SC		23.99
2 Luckhurst, Alan	23	Serpentine SC		25.45
3 Osborne, Jacob	23	South London SC		29.34
4 O'Leary, Graden	26	Out to Swim		29.61
5 Davies, Robinson	29			31.05
Event 4 Men 30-39		30m Breaststroke		
Name	Age	Team		Time
1 Coogan, Tim	30	Les Sables Triathlon Camps		23.68
2 White, Peter	35	South West Seals		27.39
3 Kiiskula, Martin	31			28.97
4 Lillywhite, Ben	37	South London SC		30.32
5 Kotrie Monson, Joseph	39	Heizer Monkeys Racing Team		32.94
6 Keel, Verner	37	Most Extreme Swims		46.49
7 Watkins, Tom	36	South West Seals		47.16
--- O'Sullivan, Michael	39	South London SC		NS
Event 4 Men 40-49		30m Breaststroke		
Name	Age	Team		Time
1 Meyer, Giles	49	South London SC		23.47
2 Claxton, Mark	48	North Norfolk Crawlers		24.23
3 Lock, Graham	48	Mid Sussex Marlins		25.68
4 Vere, Toby	43	South West Seals		26.55
5 Lundmark, Nils	47	Swedish-American Winter Swim		26.97
6 Shattock, Tim	49	Tewksbury Tri Club		27.10
7 Soderstrom, Mikael	46	Swedish-American Winter Swim		27.37
8 Watson, Graham	46	South London SC		30.94
9 Whitham, Greg	48	South London SC		31.27

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10	Hooper, Gareth	41	Tewksbury Swordfish	31.62
11	Millar, Ben	42	South London SC	32.65
12	Hendry, Daniel	41	Windrush Tri Club	32.74
13	Gilby, Robin	44	East German Ladies Swim Team	32.78
14	Boyd, Tim	48	Beyond the Blue	33.23
15	Byrne, Mark	48	South London SC	36.00
16	Hieatt-Smith, Ben	40	South London SC	40.86
17	Briggs, Peter	48		41.27

Event 4 Men 50-59		30m Breaststroke		
Name	Age	Team		Time
1	Poyhola, Mika	53	Tampereen Talviuimarit	21.56
2	Owen, Brett	57	South London SC	27.58
3	Born, Richard	57	Nahant Knuckleheads	27.81
4	Richards, Carl	50	South London SC	28.77
5	Johnston, Matthew	54	Serpentine SC	28.78
6	Clark, Ian	57	South London SC	29.00
7	Moreland, Kyle	57	South London SC	29.75
8	Comstive, Andy	55	Chester Frosties	30.24
9	Jewson, Mike	56	Hampshire Open Water Swimmers	31.21
10	Davies, Nick	57		32.01
11	Kearney, Thomas	54	East German Ladies Swim Team	33.88
12	Smith, Neil	55	South London SC	34.87
13	Hircock, Peter	55		37.22
14	Chaudoir, Mark	57	South London SC	37.53
15	Fisher, Scott	50	Henleaze SC	38.30
16	Brooks, Gus	59	South London SC	38.41
17	Walden, John	59		39.15
18	Brunt, Martyn	51	City of Coventry	40.23
19	Bygrave, Paul	57		53.31
20	Stocks, Adam	50		56.41
---	Courtley, David	53		NS
---	May, William	55	G29 Eastbourne Wild Swimmers	NS
---	Smith, Graham	51	South London SC	NS

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--- Sawyer, Mark 50 South London SC NS

Event 4 Men 60-69		30m Breaststroke		
Name	Age	Team		Time
1 Fitzgerald, Rory	61	Winchester Penguins		26.63
2 Budynkiewicz, Ray	63	East Dorset Open Water SC		28.92
3 Parsons, William	62	Sea Palling Seals		31.58
4 Ingamells, Andrew	60	South London SC		32.22
5 Beister, Wojciech	60	Morsy Sopot		34.55
6 Scott-Lloyd, Gary	62	FART		34.81
7 Clouter, Tim	62	South West Seals		34.84
8 Zielinski, Jacek	66	MKM Eskimos Mieino		36.58
9 Gibbons, Les	61	Hampshire Open Water Swimmers		36.89
10 Rooney, Terry	65	Sea Palling Seals		37.45
11 Alejski, Pawel	68	MKM Eskimos Mieino		41.37
12 Mumby, David	62	South London SC		42.38
13 Bornstein, Seth	63	Swedish-American Winter Swim		1:06.46
--- Barnes, Peter	61	Brighton Multisports		NS
--- Fraser, Tim	60	Mid Sussex Marlins		NS

Event 4 Men 70-79		30m Breaststroke		
Name	Age	Team		Time
1 Witas, Edward	70	Lech Mors		31.78
2 Hughes, Rob	73	South London SC		33.21
3 Starosciak, Jacek	72	Sopot Club Walruses		37.09
4 Rigby, John	72	South London SC		41.14
5 Olizar, Michael	72	Serpentine SC		45.76

- Notes:**
- 1. Age as at 31st December 2019**
 - 2. NS – no swim recorded**
 - 3. 5 second penalties added for False Starts, Head not above water in Breaststroke and faulty Relay Takeovers**