



Nick Kerrison	<b>30:09</b>		~	~	~	~	~	~	~	~	30:09
Gail Chilton	<b>33:44</b>		~	~	~	~	~	~	~	~	33:44
Ben Landsberry	<b>32:16</b>		2:41	6:13	9:46	13:21	16:57	20:32	24:08	27:48	32:16
Jawad Al Nawab	<b>31:43</b>		2:49	6:24	10:05	13:41	17:17	20:50	24:33	28:10	31:43
Kay Guest	<b>32:00</b>	3 <sup>rd</sup> woman	2:30	6:07	9:47	13:30	17:16	20:50	24:32	28:15	32:00
Andrew Ingamells	<b>33:38</b>		2:44	6:46	10:37	14:29	18:18	22:12	26:04	29:49	33:38
Deborah Wright	<b>34:14</b>		3:02	6:55	10:49	14:42	18:38	22:33	30:40	34:14	34:14
Fiona Wiggins	<b>34:28</b>		3:00	6:51	10:42	14:55	18:30	22:32	26:32	30:34	34:28
Margy Sullivan	<b>35:15</b>		3:02	6:53	10:47	14:46	18:41	22:44	26:48	31:06	35:15
Helen Needham	<b>38:48</b>		3:14	7:37	12:07	16:36	21:06	25:37	30:09	34:39	38:48
Flavio Centofanti	<b>38:51</b>		3:16	7:37	12:01	16:27	20:54	25:20	29:33	34:26	38:51
Ann Brimelow	<b>39:08</b>		3:23	7:47	12:11	16:40	21:08	25:38	30:12	34:47	39:08
Pip Barry	<b>38:18</b>		3:23	7:46	12:06	16:24	20:42	25:09	29:39	34:04	38:18

<b>SLSC Half Mile Race 6<sup>th</sup> July 2018</b>	<b>Finish Time</b>		<b>80 yards</b>	<b>280 yards</b>	<b>480 yards</b>	<b>680 yards</b>	<b>½ mile (880 yards)</b>
Manda Read	<b>12:25</b>	1 <sup>st</sup> overall	1:03	3:50	6:42	9:33	12:25
Arthur Ingamells	<b>13:48</b>		1:14	4:41	8:24	11:12	13:48
Mick Hinde	<b>13:37</b>	1 <sup>st</sup> man	1:08	4:05	7:16	10:27	13:37
Emma Watson	<b>15:31</b>	3 <sup>rd</sup> woman	~	4:15	7:27	10:39	15:31
Nick Kirmatzis	<b>14:15</b>	2 <sup>nd</sup> man	1:10	4:20	7:40	11:00	14:15
Finbarr Martin	<b>15:19</b>		1:20	4:50	8:25	11:55	15:19
Chris Alexander	<b>15:05</b>	3 <sup>rd</sup> man	1:20	4:48	8:14	11:42	15:05
Zoe Thomas	<b>14:49</b>		1:10	4:27	7:52	11:22	14:49
Phil Simpson	<b>16:11</b>		~	5:09	8:52	12:34	16:11
Sarah Kerry-Barnard	<b>17:13</b>		~	5:18	9:15	13:19	17:13
Katie Barnes	<b>13:00</b>	2 <sup>nd</sup> overall	~	3:58	7:01	10:01	13:00
Egg Sullivan	<b>22:45</b>		~	7:04	12:27	17:38	22:45

Emily Stanworth	<b>16:11</b>		1:20	5:00	8:55	12:40	16:11
Linda Timpson	<b>17:37</b>		1:18	5:15	9:22	13:20	17:37
David Lloyd	<b>18:40</b>		1:34	5:52	10:12	14:29	18:40
James Brooke Turner	<b>18:28</b>		1:32	5:30	9:35	13:00	18:28
Jonathan Buckley	<b>20:02</b>		1:43	6:43	11:06	15:35	20:02
Alex Thomas	<b>21:45</b>		1:45	6:36	11:39	16:48	21:45
Josh Morgan (11y)	<b>17:17</b>	U12 cup	~	5:22	9:21	13:26	17:17
Hannah Rahman (10y)	<b>22:30</b>		~	~	12:07	17:18	22:30
Emily Fowler (10y)	<b>24:52</b>		~	7:06	13:15	20:03	24:52
Aaron Rahman (8y)	<b>26:28</b>		~	8:13	14:19	20:50	26:28