



Bec Chat

Lines from the Lido

November 2020

The Pavilion roof in autumn. Photograph by Margy Sullivan

Letter from the editor

By Barbara Jennings: barbara.jennings@ctplc.com

Well, it's been a bit of a rollercoaster few months since our last edition in June. Apologies for not having got an edition out a bit sooner, but I've been busy... first of all open water venues reopened, giving us all a long-awaited chance to get back in the water. Then, at long last, we had the welcome news that the Lido was opening up, and the membership team and Lido staff started desperately working to get all applications processed and members' Places Leisure accounts set up under the new Covid-19 operating procedures. With a lot of hard work by all, the system was up and running with very few problems and members could once more enjoy being back in the cool blue waters of the Lido!

At the same time, we were planning our delayed AGM, and, Coronavirus having scuppered the original date when lockdown commenced in March, it then nearly scuppered the rearranged date with the introduction of the Rule of Six. Nothing daunted, we moved the AGM online and over sixty members attended the first ever virtual AGM last month. We welcomed Corinne Cunningham and Rachel Gardner to the Committee and thanked Cecilia Hazelrigg and Charles Hunter, who stepped down. And your editor took over the role of Club Secretary from Clare McRobbie on the latter's retirement from the Committee in preparation for a forthcoming move to Scotland. Clare has been a fantastic secretary and a pillar of strength for the Club and we are so grateful for her amazing contribution over many years.

As I write it looks likely that the Lido will close again, at least for the next four weeks. In the light of the forthcoming lockdown, I've tried to make this edition of *BEC Chat* as upbeat as possible, focussing on the many good things which happened this summer. The Committee will keep in close touch with Wandsworth Council and Places Leisure and will pass on all news via our online newsletters, social media and the website. In the meantime, stay safe, keep smiling, and hope to see you poolside soon!

October results

11th October. Hannah Sketchley came in first, with the handicappers and volunteers so overwhelmed by the emotion of the occasion that they completely overlooked the rest of the results as they cheered the first winner for seven months. Hooray for Hannah!

18th October. Neil Smith first, and, by concentrating mightily, race officials declared that Bernie Ward was second. Well done both of them!

25th October. Three places awarded this time! Hannah Sketchley first again – speedy lady, John McDonald Brown second, and in third place, everyone else. Congratulations all round!

1st November. A full house in what may be the last race for a while, and our wonderful deputy handicapper Nicky Smith delivered an outstanding result despite social distancing meaning the swimmers stretched almost the full length of the Lido. Bram Paton was first, with Bernie Ward second and Helen Needham, Hannah Sketchley and John McDonald Brown just beating everyone else onto the leader board. Congratulations to all!

Hats!

As Christmas approaches, it's worth bearing in mind that we will soon have new stock of the lovely SLSC bobble hats (hopefully by mid-November). New colours of [swimming caps](#) are now in stock. Snap them up now for the Christmas Day race – Covid willing!



Water Temperatures

By David Dunham

After lockdown it was a joy to get back into the water again. This autumn the water temperature has been much lower than usual and let us hope this is not a sign for worse things to come as winter approaches.

	2017	2018	2019	2020
September	14.5°C	15.0°C	16.5°C	11.5°C
	58.0°F	59.0°F	62.5°F	51.5°F
October	14.5°C	12.0°C	13.0°C	11.0°C
	58.0°F	54.0°F	55.0°F	51.0°F

The Upside

The Guardian publishes a regular series of article called The Upside, designed to focus on positive news as an antidote to the constant stream of more challenging topics that usually dominate our news pages. To cheer you up during the forthcoming lockdown, here are ours!

110 Widths Challenge

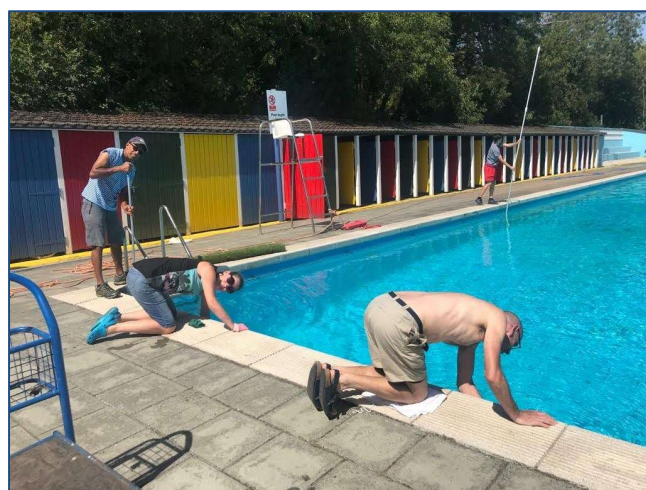
Despite the problems of lockdown, the Club still managed to put on one of the traditional summer events – the 110 lengths challenge, abbreviated to 110 widths to accommodate the reduced opening hours and training opportunities of this summer. The shorter distance was very welcome in an unusually cold water temperature for late September, exacerbated by a fiercely chilly wind and grey skies on the day. The water was 14.7 °C but the air temperature was a ridiculous 9 °C with wind chill! Despite this, the warmth and enthusiasm of participants and volunteers was palpable, as everyone revelled in being back at the Lido taking part in an event. Thank you to all the swimmers who observed proper social distancing to enable the event to take place safely and to our wonderful volunteers who made our first event since lockdown a great success. Results are now on the [website](#).

A Load of Old Scrubbers

When the news broke that the Lido was to reopen in mid-August, Karen Wells, the Lido's brilliant manager, had barely days to prepare the huge pool, closed for over four months, for opening to the public – as well as coping with the required operational changes dictated by Covid 19. Fortunately for her, she knew exactly the people to ask for help...

When Karen contacted Margy Sullivan, our membership secretary, to see if SLSC members would be prepared to volunteer to get the pool ready for opening, Margy didn't hesitate. The call went out on social media, and the membership stepped up big style! So many of you volunteered for four days of grunt work cleaning the Lido that we ended up turning people away.

Despite the fact that the work was hard, physical and carried out in relentless heat on some of the hottest days of the year to date, with, sadly, due to the lack of lifeguards, no jumping in the pool allowed, the volunteers still scrubbed, scraped, swept and brushed to make sure that our beloved Lido was looking its sparkling best when the first swimmers walked through the doors. With, of course, a big dose of Lido smiles and laughter! Here are some pictures of the intrepid crew – including some of Karen's team, who were also all working like crazy to get everything absolutely ready to go. And perhaps a little reminder of sunnier days to get us through the next few months. A huge THANK YOU! to all the volunteers 😊.



Kerry, Steve, and Richard sorting the deep end



Ann and Julie making short work of green algae



Ooh, my back! Elizabeth stretches out



Three lifeguards in a fountain



Sarah's Lido smile!

Lifeguard Chairs

All of the members who walked through the Lido gates this summer will have seen our smart new lifeguard chairs. Our old lifeguard stands were all of the type you can now see only on the railway side of the lido – scaffolding stands topped with basic wooden platforms with no seats and no shelter for our lovely lifeguards from rain, wind and sun, meaning that shelter had to be improvised from a number of insecurely attached umbrellas and tarpaulins to protect them from the elements.

Well, here at SLSC we love our lifeguards, and when Club Treasurer Richard Knight spotted some glitzy lifeguard stands at another Lido, he proposed to the Committee that we should provide our own lifeguard team with a similar upgrade. The Committee agreed unanimously, and the Club invested over £20,000 in the new stands – which, as you can see, are a vast improvement. Not only do the lifeguards have proper seats to sit on, they also have shelter from wind and rain, and, in summer, the Perspex sheets on the back and sides can be removed, individually or all together, to ensure that they can keep cool while still being shaded from the sun. Happy lifeguards – Happy Lido – result!!



Open House

In normal times, the Lido is one of the venues for Open House London, the world's largest architecture festival, giving free public access to 800+ buildings, walks, talks and tours over one weekend in September each year. In 2020, Open House decided to take the festival online, shooting short films in a spectacular range of locations including manor houses, embassies, tower blocks, and our very own Tooting Bec Lido. The Lido film featured Janet Smith, the Lido and SLSC's historian, and the guiding light behind [the Lido History Hub](#). The film is a little gem – you can see it, and the other films, [here](#).



The Unsung Hero Award: Lipsey Cup 2020

Every year at the AGM Margaret Lipsey, a long-term club member, awards The Lipsey Cup, donated by her and awarded to an SLSC Unsung Hero – someone who does an immense amount behind the scenes to help and support the Club and its members, but whose contribution is not always recognised. We publish her speeches in BEC Chat for posterity. Here is Margaret's speech from the award of this year's Lipsey Cup at the delayed AGM last month.

A quick reminder that this cup is awarded to those who make a considerable and often long-term contribution to the Club but who have not had any formal recognition of this. The cup was inspired by Doreen Fitch who, many years ago, [received a national award for her work for the Club](#). Doreen is an inspiration to us in many ways and we all wish her well.

I usually leave the name of the award to the end but on this occasion that would be impossible as the cup this year goes to the organiser of some very specific events, the Aquathon series, and that person is Vanessa Yardley.

I know that Vanessa will be the first to say that she is not alone and we recognise that others, namely Tim Thomas, Paul Ledingham and Mat Record are part of the team together with volunteers that make the Aquathons, previously the Triathlons and now also the Swimruns, happen.

However, it is Vanessa who for the last 11 or 12 years has been the mainstay behind these events. She does all the behind-the-scenes work to make sure they happen: registering with the British Triathlon Federation, making sure that the booking system is up and running, taking and sorting all the bookings, answering queries from competitors, organising all the race stuff (numbered hats, race bibs, stopwatches, etc, etc), making sure race directors and volunteers are in place for each race, collating the results and putting them up and reporting back to the Committee at the end of each season. As well as making sure she keeps herself free to be at all five events each summer, organising her holidays around the events year after year. She has not missed a single one. It makes me tired just to think about it! With luck, you got a few days break on Bournemouth beach this year.

When triathlons first began there were mixed feelings among regular swimmers not sure about wet-suited swimmers charging back and forth. But now there is, I think, an understanding and acceptance that they bring another dimension to the Lido.

The Aquathons are in fact important to the Club because it is the one event that has:

- Consistently brought a net profit of £5K a year to the Club.
- Opens the Club and the Lido to new members.
- Brings younger people to the Lido. We have a low ratio of under 30s in the Club but a higher percentage in the Aquathons. Appealing to the younger generations is one of the key indicators required by Sports England in return for the grant for the Pavilion. In fact, for the Club to apply for the grant in the first place it had to be affiliated to at least two sports governing bodies, in this case the BTF and Swim England.

Vanessa's work is not very visible or adequately valued as the Aquathons happen when the Lido is not open and so only those attending ever see the highly enjoyable event in full swing, much loved by those who take part and return year after year.



Start of the first 2017 Aquathlon. Photo Nicky Smith.

Vanessa is also a much respected member of the Committee and volunteers her time for many other things notably being responsible for time-keeping at the CWSC, a huge job. She also last season joined in with the winter handicapping despite I am told not being a winter swimmer and providing photo evidence for the finish of Sunday races settling many potentially heated debates. She does it all with humour and efficiency.

I would like to conclude with a quote from Chris Stanton, who was a participant and volunteer at the Aquathons, and who nominated Vanessa and the Aquathon team several times. "Vanessa, together with Tim, Paul and Matt, run the series almost single handedly as volunteers are sometimes hard to find. But they still manage to make every competitor feel welcome and part of a challenging yet fun occasion."



I am pleased to say that Chris knew that Vanessa would be getting the cup. Many congratulations Vanessa, and thank you for manifold contributions to the Club!

"The sting in the tail" – when South London Allsorts swam the Channel

By Clare McRobbie

Back in July, before the Lido reopened, when we were all desperate for some good news, six intrepid SLSC members supplied it in spades! Pictures throughout courtesy of loads of people 😊.

You can't help tripping over Channel swimmers at Tooting Bec Lido – usually the really fast swimmers. SLSC member Richard Chatterjee thought that every type of swimmer should have a chance at a Channel

relay and so booked a number of slots for summer 2019 and asked Margy Sullivan to organise some teams. We were one of those teams, made up of all sorts of abilities and ages – hence the (South London) Allsorts!



The Allsorts are SLSC members Sue Rentoul, Helen Needham, Ann Brimelow, Charlotte Simon, and me, and Tauni Lanier from CIBBOWS (Coney Island Brighton Beach Open Water Swim Society). Whereas the average age for a Channel swimmer is 35, we're proud to say that ours is 59. We fulfilled Richard's brief as, although we have plenty of open water swimming experience, we're not the fastest and most of us had never entertained the idea of a Channel swim, although Ann had missed out on an earlier relay crossing through illness. Both Ann and Helen had supported past relay teams so lent tips and hints and also confidence on the day.

We trained through winter and spring in anticipation of our June 2019 slot. It was a particularly cold spring and, as our Channel relay qualification swim deadline approached and temperatures remained low, we wondered if we would manage it on time. At the time, the qualifier was to remain in water of 16°C or less for 2 hours. Our first pre-arranged attempt was a no-go: 11.2°C in London Royal Docks in early May was great training but we didn't make the 2 hour duration. Not long after though, in 13°C, Tauni completed her qualification swim in one of her favourite swim spots in Brittany and the following week, the remaining Allsorts succeeded too, at Shepperton Lake in 13.8°C, ably supported at the finish by Ian Clark, Barbara Jennings and Dr Kat O'Brien.

Now qualified, we continued to train and our swim window quickly approached. Our bags were packed, orders were in for Charlotte's flapjacks, and we felt primed and ready. The weather that week was glorious – if you wanted to sunbathe or dine al fresco – but in the Channel the winds were up and our swim was postponed. We continued to train, hoping for an alternative slot that summer but no: weather conditions

made summer 2019 a particularly difficult one for Channel swims, with many rolled over to 2020. So, we continued to train, in anticipation of our new slot of July 2020.



Suva's flag – appropriate for the problems they faced!

Then Covid-19 Coronavirus struck... Lockdown and pools closing on 23 March brought an abrupt end to training and uncertainty over 2020 Channel swims. When lockdown moved from the "Stay Home" phase, we ventured to the river Thames and, when some open water swim venues reopened in mid-May, we travelled to the Serpentine, Divers' Cove, Shepperton Lake, Heron Lake, London Royal Docks, and more. Initially we just relished being back in the water but thought perhaps we should do some training, just in case...

Channel swims before 4 July were postponed to 2021 and our late-July slot looked unlikely. Here we go again, we thought, another rollover! Suddenly, three days before our swim window opened, we got the call from Suva. The boat had been adapted for social distancing and we were on! We quickly consulted the weather forecast: Tuesday/Wednesday were looking good. Our pilot, Neil Streeter, confirmed that swim would start on Tuesday 21 July, departing Dover at 11.30pm. That's when we finally believed it was going to happen. Or at least I definitely did when we arrived at the docks and saw Neil's pink boat moored and awaiting us!



The swim started at 00:43 on a clear, starry night off Samphire Hoe beach, just outside Dover harbour. The sea temperature was 17°C, the air temperature 10°C-12°C, and the water quite choppy. Sue, our fastest and first swimmer, was dropped off about 100 metres from the beach. She swam into shore, following the torchlight, and stood on the beach; the klaxon sounded, Sue was in the water and we were off! As she came back alongside Suva, Alicia Keys' "This girl is on fire" was belting out on the radio – how apt, I thought. Tauni followed Sue, then Helen, then me – swimming as an amazing orangey-pink glow appeared on the horizon – then Ann swam into the stunning dawn, and then Charlotte when it was light. As per Channel swim rules, we had to keep to the same order throughout the swim and swim for an hour. Hour swim followed hour swim, with the whole team working hard and steadily making progress. By then, the air temperature was 23°, the sun was on our backs and our swim course was good. It still felt quite surreal to be in the middle of the Channel, swimming alongside a boat with tankers and ferries crossing back and forth in front of us.

In the Separation Zone, in the middle of the Channel, we suddenly met a large amount of jellyfish, appropriately known as a "smack" of jellyfish. Charlotte got stung, then Sue and then Tauni met the highest density and got stung multiple times. Meanwhile, from the safety of the boat, we marvelled at their variety and colours and debated which one's sting would hurt the most, not relishing the thought of getting back in. In next, Helen caught a couple and then, just as quickly, they were gone. The wind had picked up by my second swim and continued until we neared the French coast.

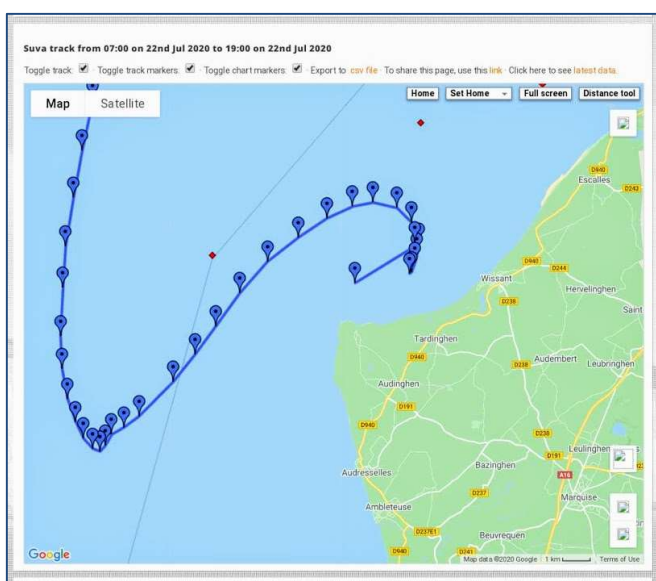
At the start of our third swim rotation, our official CS&PF observer Debs told us that we all had to really push now to ensure we could land before having to go in for fourth swims. With Cap Griz Nez in sight, the swims became more challenging and the water increasingly bouncy, akin to swimming in a washing machine. We were about to face the "sting in the tail", the point where the 'S' shaped trajectory had to be completed; where we would have to dig in and battle through currents, winds, and tide to reach shore. Sue, Tauni and Helen swam hard and solidly, then I was told by Debs to swim all out for my hour to get us into Wissant Bay and protected from the tide sweeping us eastwards. After that, it all got very interesting!

Along with the currents and crosswinds we were already experiencing, we were told that a sandbar in the bay had grown significantly. Neil informed us that the boat couldn't stay with Ann as she approached the sandbar, so co-pilot Toby accompanied her in a kayak while Suva moved around to deeper water between the sandbar and the beach. We then waited for Ann to

swim to us for the next changeover but the outgoing tide meant Suva couldn't stay there for long. Ann continued to try and battle over the sandbar but it became clear wouldn't reach us for the next changeover. The swim then became a logistical challenge – how could we get Charlotte, our next swimmer, out to the changeover point? Neil and Debs discussed the situation and informed us that the swim might have to be abandoned as we couldn't get our next swimmer out to the changeover point.

Luckily for us, another Channel swim escort boat, the Anastasia, was in the same bay and had just landed their relay team. Even luckier, they had a rib so, after an appeal from Neil, their crewmember Michael whizzed over to us, picked up Charlotte and dropped her in just behind Ann, so that she could continue the swim. Ann, having gotten over her surprise at a rib suddenly appearing by her side and an unknown man urging her to get into it, was transferred back to Suva for a well-deserved rest.

We watched through binoculars as Charlotte swam and swam – she even stood on the sandbar at one point but got pushed back out a bit by the tide. Those following Suva's tracker on the CS&PF website wondered at its unusual movement but of course the tracker was with Suva rather than Charlotte, who was with the kayak. Due to the outgoing tide, Suva now had to go back round the sandbar and out to deeper water, hence the boat's weird, zigzagging track. At this point, we nicknamed the sandbar "Gary". A friend following the tracker online had commented on the drama of it all and how it would make a suspenseful movie. We pondered who would play us and agreed that the sandbar would be played by Gary Oldman as he excels at playing villains.



Oh, that pesky track!

Meanwhile, with a strong spring tide and a rip current pushing Charlotte west towards Cap Gris Nez, she was inching to shore but still behind Gary the Sandbar.

If we had been pushed all the way to the Cap, we would have been forced out to sea and would have had to swim for another two hours until the tide turned and then try to swim to shore again, probably another four hours! It was looking as though Sue would have to go in for a fourth swim. Michael collected her in the rib and transferred her to where Charlotte was swimming.

On the way over, Michael explained that it was only 300 or 400 metres to the beach and that Sue had to swim hard. She did indeed swim hard! She managed to stand on the sandbar where she could feel the rip currents swirling around her legs, then swam hard again and got over it, swam hard over the next sandbar but could see that she wasn't getting anywhere fast – she was drifting right with the current, nearer and nearer the Cap. Then she noticed mussel beds on the beach go by and started to see people on the beach. Michael encouraged her to dig deep so she swam yet harder and finally saw sand underneath her – it wasn't another sandbar; it was the beach! Once it was shallow enough for her to stand, Sue stood up and waded against the current to get out. She later explained that she has never swum as hard in her life – the 400 metre distance, which would normally take her 8 minutes tops to swim, took her 40 minutes!



Super Sue!

On Suva we were on tenterhooks, unsure if Sue had made it in, as she was hidden by a throng of people on the beach and a paddle-boarder who all rushed over to greet her.

Amidst a flurry of “Has she?!” , “Hasn’t she?!” from us, and continued debate from Neil and Debs on whether Sue had made it in or whether the swim might still have to be abandoned, Neil got the message from Michael that she had reached shore and cleared the water. Suva’s klaxon sounded – we had made it!



While we screamed and jumped up and down on the boat, Sue received congratulations from those on the beach and was then transported triumphantly back to Suva on Anastasia’s rib, to more celebrations. And that was it, after a nail-biting, will-we-won’t-we, dramatic ending, the swim was done in 18 hours and 40 minutes. Elated, we motored back to Dover with a fabulous sunset to light our way.

We’ve since been asked if we had a target time in mind. We never did – we knew we would be in for the long run and had all brought four or five swimming costumes with us. With less training this year, and a spring tide, we really weren’t certain, but knew it would be upward of 15 or 16 hours. For the Allsorts, it was never really about how long it would take but rather reaching the other side. We are extremely grateful to Suva’s and Anastasia’s crews for their ingenuity and willingness to see us succeed, to our official observer, Deborah Vine, who was wonderfully encouraging, to the Henley Mermaids – the relay team on Anastasia – and to our friends, family and the swimming community on both social media and in person who encouraged us all the way with their support. Thank you also to all those who have donated to our fundraiser. We are raising money for three charities: Central London Samaritans, Alzheimer’s Society and Croydon Community Against Trafficking. If you would like to donate, we would very much appreciate it. You will find our fundraising page at

<https://uk.virginmoneygiving.com/Team/SouthLondonAllsorts>.

Sue’s stunning map of the relay



FORTHCOMING ATTRACTIONS

TRAINING AND EVENTS AT THE LIDO AND ELSEWHERE

CYRIL'S RUN

Challenge yourself and raise money for [St George's Hospital Charity](#)



Cyril Wood
1923 - 2014

Cyril's Run is an informal run across London, before it wakes up, from Tooting Bec Lido to the Serpentine in Hyde Park and back. The challenge is dedicated to its namesake, Cyril Wood, who started the challenge over 30 years' ago and was a beloved member of both SLSC and Serpentine Swimming Club. The run is approximately 7 miles each way – and the route is up to you.

Given the latest lockdown restrictions we encourage you to run your own challenge on any Sunday morning during lockdown. Please check the website: <https://www.slsc.org.uk/cyrils-run/>

How the event works:

Choose your route! Start in the Lido car park at 7am, run to Hyde Park and then back to Tooting Bec Lido – dip if it's possible. If you are not up to the full 14 miles, you can pair up with a cyclist and do one way each, or get the tube back – please take all necessary precautions. Check the relevant restrictions prior to the event to ensure you only run with the permitted number of people, and make sure to follow appropriate social distancing at all times.

Minimum entry fee £5.00, but you can donate as much as you wish in £5 increments.

<https://www.slsc.org.uk/cyrils-run/>

You can also donate and fundraise for St George's Hospital Charity by visiting Cyril's Run JustGiving page. For more information and support with your fundraising please get in touch with the charity directly by emailing Molly Simpson or call 0208 725 4522. <https://www.facebook.com/givingtogeorges/>

Cyril Wood was a lifetime member of both SLSC and Serpentine SC, London's oldest outdoor swimming clubs. On his birthday each year, joined by friends, he would run from Tooting Bec Lido to the Serpentine in Hyde Park, have a swim and run back in time for the Sunday races. Over the years the event has attracted runners and swimmers from both clubs. Cyril managed to run and swim the event right up to his 80s! His love of fitness and community spirit kept him fit and healthy – and made him a popular member of both clubs.

St George's Hospital opened in 1733 at Lanesborough House, now the Lanesborough Hotel at Hyde Park Corner. The hospital relocated to Tooting, SW17 in the late 1970s and now serves the local and wider community.

Sadly at the time of going to press it looks as though all grassroots sport will have to stop during lockdown, so we don't have any other events or training happening this month. So we're republishing our Lockdown Links from back in April to help you keep your swim fitness.

Outdoor Swimmer magazine edited by our own Jonathan Cowie has [a guide to how to become a better swimmer when you can't go swimming](#), hosted by Salim Ahmed whom many of you will know from our summer training sessions.

Our own Eddie Sullivan of [Mangomanmovement](#) is on Instagram with various yoga, stretch and breath classes on Zoom and a special Lockdown Legends training offer starting 9 November.

Also a Lido regular, Baz Moffat has a variety of online training courses at <http://www.bazmoffat.com/online-classes/>

Dan Bullock from Swim for Tri is posting a lot of at-home fitness sessions on his You Tube channel: <https://www.youtube.com/user/swimfortri/videos>

Swim Smooth have loads of stuff on their various channels: <http://www.feelforthewater.com/2020/04/suffering-from-swimming-withdrawal.html>

Go to SwimEngland for great free workouts on their Facebook and Instagram pages.

Swimming Specific Yoga is posting a number of free classes on their webpage: <https://www.swimmingspecificyoga.com/>

SwimCycleRunCoach has some exercises to keep your swim fitness while you're out of the pool at <https://youtu.be/XGKmX7yrrLA>. Note these are for triathletes so focus more on upper body than cardio and you do need to have some bits and pieces.

And finally....

During the last lockdown, we had a Daily Challenge on the SLSC Facebook group to keep everyone's spirits up. We started off simply by posting pictures of rainbows in support of the NHS. Then we moved on to photos highlighting the Lido and SLSC colours of red, yellow, blue, and green, and finished off with the rest of the rainbow. That was popular, so we continued by posting pictures on the theme of letters... first we spelled LIDO, then Tooting Bec, and then, by popular request, the whole alphabet. We finished lockdown with a materials challenge, based very loosely on the materials relevant to wedding anniversary gifts, and by

the time we posted our last photos, lockdown was lifting and most of us were back in the water. Thank you to all the wonderful people who took part and posted so many glorious photos to keep us smiling during some dark days 😊. Now, we have a fantastic new team who will be working to keep our social media platforms going this time whilst the Lido is closed! Keep an eye on Facebook, Twitter, and Instagram – links on the Club's [website](#). And, in the meantime, cheer yourself up with: Sue's flowers, my swim hats, Ruth B's dolphins, Ruth A's street art, Deborah's green catamaran, Laura's lights, Gail's snow, Pip's collages, Fiona's sunset, Hilary's H's, and Charles' Florence!

